

# BRING-ALONG LIST



Please carefully look over the following checklist and check each item as it is packed. When arriving at McDowell Environmental Center, participants should come prepared to spend the day outside.

## Helpful hints for packing:

- Limit packing to one suitcase or duffel bag and a rolled up sleeping bag. You will carry your belongings from the bus to your cabin.
- Put your name on everything.
- Bring OLD clothes and shoes! You will get wet and muddy.
- Pack a rain coat or poncho (and warm clothes if applicable). Classes are held outdoors rain or shine.

## REQUIRED:

- \_\_\_ 2 water bottles (20oz or larger)
- \_\_\_ rain coat or poncho
- \_\_\_ 4 pairs of socks
- \_\_\_ 2 pairs of closed-toe shoes
- \_\_\_ 3 pairs of underwear
- \_\_\_ 3 shirts
- \_\_\_ 2 pairs of long pants
- \_\_\_ 3 pairs of shorts
- \_\_\_ sweatshirt or fleece
- \_\_\_ pajamas
- \_\_\_ towel & wash cloth
- \_\_\_ soap, toothbrush & other toiletries
- \_\_\_ sleeping bag (or sheets & blankets - single bed)
- \_\_\_ pillow
- \_\_\_ sunscreen
- \_\_\_ pen or pencil
- \_\_\_ small backpack

## OPTIONAL:

- \_\_\_ hat & sunglasses
- \_\_\_ flashlight & extra batteries
- \_\_\_ camera
- \_\_\_ souvenir money (max. \$40)
- \_\_\_ sandals for shower
- \_\_\_ journal
- \_\_\_ bug repellent (non-Deet lotions)

## COOL WEATHER ADDITIONS:

Wool and synthetic clothing work best!

- \_\_\_ warm knit hat
- \_\_\_ warm gloves
- \_\_\_ thick socks
- \_\_\_ long underwear/thick tights
- \_\_\_ heavy jacket

**\*DO NOT BRING:** food, gum, candy or knives!